MAPP (Mobilizing Action Through Planning and Partnerships) Community Health Improvement Process

State Board of Health Kelso, Washington November 10, 2004

Sue Grinnell, Director
Cowlitz County Health Department

Presentation Objectives

- Increase State Board of Health members awareness of the MAPP process
- Share vision for a system of health improvement

The MAPP Model



Mobilizing for Action through Planning and Partnerships (MAPP)

- MAPP is a community-wide strategic planning tool for improving community health.
- MAPP is comprised of 4 different assessments:
 - Community Themes and Strengths
 - Forces of Changes
 - Local Public Health System Assessment
 - Community Health Status Indicators
- Cowlitz County Health Department has been working on MAPP For two years

Community Themes and Strengths Assessment

- The Community Themes and Strengths
 Assessment answers the following questions:
 - "What is important to our community?"
 - "How is quality of life perceived in our community?"
 - "What assets do we have that can be used to improve community health?"
- Quality of life survey data- Pathways 2020
- Focus groups Pathways 2020

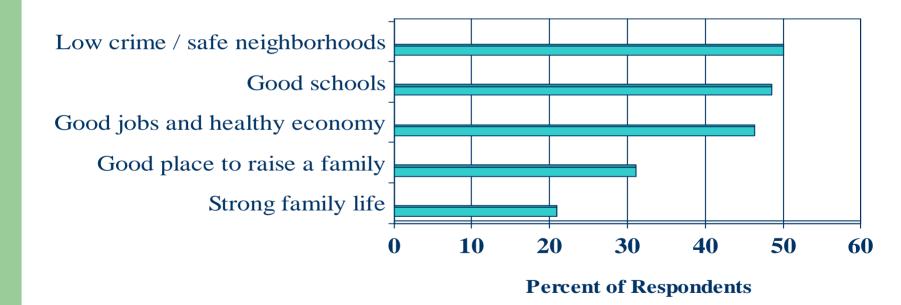
Quality of Life Survey

 Local survey - 1004 respondents were queried about raising children, growing old and other factors of life in Cowlitz County

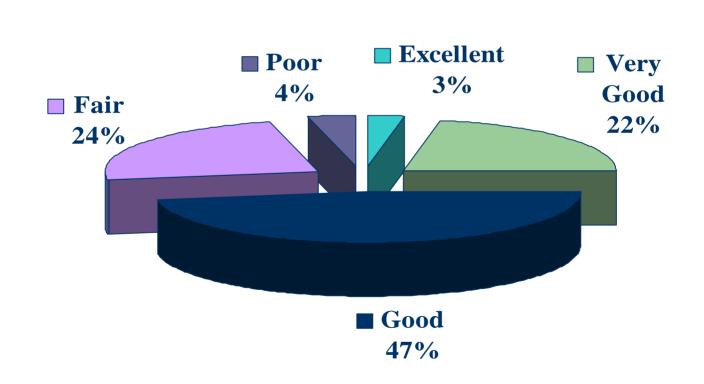
Most Frequently Reported Factors For A Healthy Community

- Low crime
- Good schools
- Good jobs

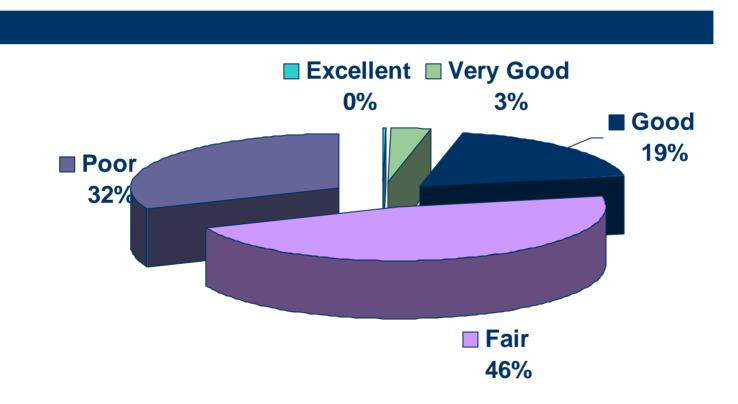
What do you think are the most important (3) factors for a Healthy Community?



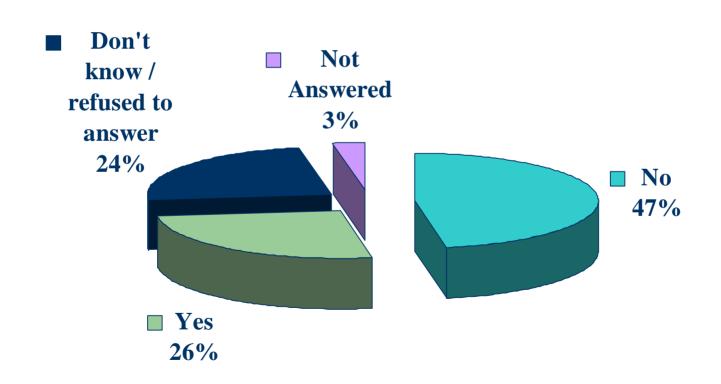
Is this community a safe place to live?



Is there economic opportunity in the community?



Do all residents perceive that theyindividually and collectively- can make the community a better place to live?



Forces of Change Assessment

- The Forces of Change Assessment answers the following questions:
 - "What is occurring or might occur that affects the health of our community or the local public health system?"
 - "What specific threats or opportunities are generated by these occurrences?"
- Scenario planning data- Pathways 2020

Findings from Scenario Planning

- Develop or expand opportunities to train and attract community leaders
- Streamline all processes for new business
- Support improvements in local transportation
- Provide more social and recreational activities for youth and adults
- Promote life long learning

Local Public Health System Assessment

- The Local Public Health System Assessment (LPHSA) answers the following questions:
 - "What are the components, activities, competencies, and capacities of our local public health system?"
 - "How are the Essential Services being provided to our community?"
- LPHSA survey Cowlitz County Health Department

Local Public Health System Assessment Survey

 Surveyed 155 Cowlitz County agencies that make up the *public health system*

Section 1

Core questions about individual agency's work

Section 2

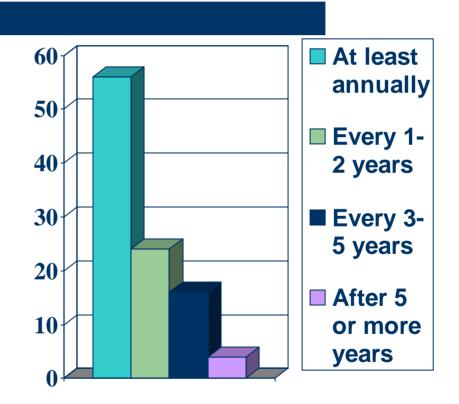
Participation in the ten essential services of public health

Local Public Health System Assessment Results Essential Function 1 and 2

- EF 1- 21.3% of local agencies monitor health status to identify and solve community health problems
- EF 2- 11.6% of local agencies diagnose and investigate health problems and health hazards in the community
 - 25.2% of agencies monitor changes in the population they serve

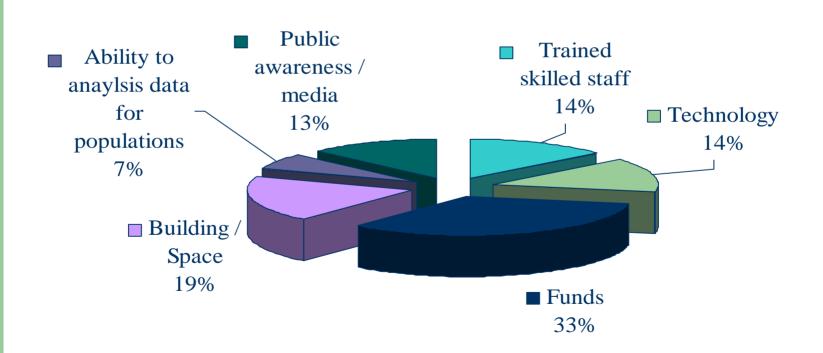
Does your agency complete a needs assessment?

- 32.9% of agencies surveyed complete needs assessments
- Only 19.4% then share that needs assessment with others



What Resources Does Your Agency Lack?

(56% of respondents reported lacking adequate resources)



Community Health Status Assessment

- The Community Health Status Assessment (CHSA) answers the following questions:
 - "How healthy are our residents?"
 - "What does the health status of our community look like?"
- Cowlitz County Health Department identified a set of core indicators to monitor on a regular basis

Community Health Status Assessment Indicator Component Areas

- Demographic
- Socio-economic
- Health resource availability
- Quality of life
- Behavioral Risk factor surveillance system survey
- Environmental health indicators
- Social and Mental Health'
- Maternal and Child Health
- Death, Illness and injury
- Infectious Disease
- Sentinel events

Data Template: Cowlitz County Health Indicators

	1997	1998	1999	2000
Child Protective Service Referrals				
Vulnerable adult abuse reports				
Quality of Life - Problems				
Quality of Life - Sense of Security				
Domestic violence arrests: rate per total				
population	3.9	7.7	10.5	9.8
Psychiatric admissions: rate per total population	371.2	388.5	448.5	
Depressive episodes - youth				
Alcohol related motor vehicle: rate per total				
population	27.8	50.0	40.0	53.9
Homicide rate: age adjusted				
Total	2.2	1.1	4.4	1.0
White	1.2	1.1	4.6	1.0
Non-White	26.9	0.0	0.0	0.0
Suicide rate: age adjusted				
Total	12.2	16.6	19.1	18.3
White	12.8	17.3	18.8	19.0
Non-White	0.0	0.0	25.5	0.0
Drug-related mortality rate	4.1	10.8	19.0	15.5

Identify Strategic Issues

Process to Address Assessment Findings

- Review the vision, values, and results of the four MAPP Assessments.
- What factors identified in the assessments must be addressed in order to achieve the vision?
- Determine consequences of not addressing an issue
- Identify overlapping or related issues

Strategic Issues Relationship Diagram

Relationship to Vision: Community places a high value on education



Formulate Goals and Strategies

- Develop goals related to the vision
- Select and adopt strategies
- Develop objectives and establish accountability
- Develop action plans
- Review action plans for opportunities for coordination
- Apply a comprehensive mix of interventions and strategies- attempt to integrate strategies
- Act in multiple settings
- Establish a coordinating mechanism to guide interventions

Vision of Future System

- Health Impact Assessment
 - Development of a local system in place to address community resource allocation
- Policy Training Of Board
 - Work to utilize the existing board to act as a powerful policy board to initiate change

Outcomes

- Development of Cowlitz County Report Card
 - Vision of Pathways 2020
 - Key Indicators under vision components allow for accountability of achieving vision
- Attempt to Address Community Disorganization
- Community Assessment workgroup
 - Data repository -All local data gathered and linked
- Community bulletin board

Washington State Public Health Standards

This work has allowed us to meet many of the Public Health Standards, for example:

- CHSA- Identify a core set of health indicators to monitor on a continuous basis.
- Health Policy decisions are guided by health assessment information, with involvement from community members
- Policies are selected that support prevention priorities

Contact Information

Sue Grinnell, Director
Cowlitz County Health Department
360.414.5581
grinnells@co.cowlitz.wa.us

Mimi Fields, MD, MPH
Health Officer
360.414.5580
fieldsm@co.cowlitz.wa.us